

PROGRAM AUTUMN CONFERENCE 2023 IDA PRIVATE

Scandic Opus Horsens, Egebjergvej 1, Horsens & Online

	Friday 29 September
15.30 – 16.00	Arrival and sandwiches
16.00 – 16.15	Welcome with Søren Vang Fischer, Chairperson of IDA Private
16.15 – 17.00	The brain on overload (part 1) with Vibeke Lunding-Gregersen
17.00 – 17.30	Break and networking
17.30 – 18.15	The brain on overload (part 2) with Vibeke Lunding-Gregersen
18.15 – 19.00	Break and networking
19.00	Dinner
	Saturday 30 September
08.00 - 09.00	Breakfast
09.00 – 09.10	Good morning with Søren Vang Fischer, Chairperson of IDA Private
09.10 – 10.10	Strengthen Your Relations with Sita Michael Bormann, work-life consultant at IDA
10.10 – 10.30	Break and networking
10.30 - 11.15	Being mad as a precaution? <i>To navigate between the negative and the positive</i> (part 1) With Mikael Kamber
11.15 – 11.30	Break and networking
11.30 – 12.15	Being mad as a precaution? <i>To navigate</i> between the negative and the positive (part 2) With Mikael Kamber
12.30	