



WEEK 34 23 - 27 AUGUST 2021  
ONLINE ON ZOOM

# IDA PH.D FESTIVAL

## Monday 23 August

15:00 - 16:00 Get a good start with your Ph.d, Senior career consultant Majbrit Ølgaard, IDA and Legal Advisor, Sanni Kjehr, IDA

## Tuesday 24 August 2021

9:00 - 10:00 Understanding stress and how to cope with it, Work Life Consultant, Sita Michael Bormann, IDA

12:00 - 13:00 How to aim for a better work-life balance as a PhD student, Work Life Consultant, Sita Michael Bormann, IDA

## Wednesday 25 August 2021

09:00-10:15 Improve your networking skills, Communication Consultants Signe Bonnién (Flok) and Mette Wibeck (Wibeck Kommunikation)

13:30 - 14:30 Networking with peers the IDA way, presented by Helle Kayerød and Uffe Degn, facilitators, Marianne Ehlers, IDA Peer Groups

15:00 -16:00 Danish work culture - get ready for Danish labour market, Career Consultant Jakob Gradel, IDA

## Thursday 26 August 2021

09:00-10:30 Careers outside academia. IDAs Senior Career Consultant, Morten Esmann Andersen

12:00 - 13:00 Meet company representatives who will talk about how and why they hire PhDs. Presented by Christian Gless. Recruitment Consultant at Wunderman Thompson MAP

15:00 - 16:00 Start up your own business, presented by Maj Brincker Højring and Rikke Nielsen, IDA Startup

## Friday 27 August 2021

09:00 - 10:00 Write a great CV, Senior career consultant, Morten Esmann Andersen, IDA

15:00 - 16:30 Friday bar and wrap up at IDA Bryggen

**Access link to the webinar series will be sent out by e-mail for all attendees. Same link is used to access all webinars.**